

Main things to remember:

Expect lots of mud 🦋 Only pack **old clothes** 🦋 Name labels on everything 🦋 **Don't buy new items**



Essential Clothing & Gear (All Year Round)

Item	Detail	Qty	Packed?
🧦 Socks	Mix of thin/thick. No trainer socks	8-10	☐
🩲 Underwear	Pack your normal amount plus few extras	4+	☐
🧥 Warm Tops	Fleeces, hoodies, or warm jumpers	4-5	☐
👕 T-Shirts	Mix of long and short sleeves	8	☐
👖 Trousers	Joggers or leggings. No jeans	3-4	☐
👟 Old Trainers	1 for daily use, 1 old pair for wet activities	2	☐
👚 Pyjamas	Comfortable nightwear	1-2	☐
🧺 Towels	Medium size	1-2	☐
💧 Water Bottle	Essential to stay hydrated all day	1	☐
👜 Black Bin Bag	For bringing home clothes still wet/muddy	1	☐

Toiletries and Indoors

🪥 Hygiene Kit	Toothbrush, toothpaste, soap. No aerosol sprays.	☐
👑 Hair Bobbles	Essential to tie back long hair for safety on activities	☐
🏠 Evening Clothes	Casual, relaxed indoor clothes. No high heels.	☐
👣 Indoor Shoes	Slippers or indoor trainers. No open-toed shoes.	☐



Seasonal & What Benmore Provides

☀️ Summer Only	❄️ Winter Only	🦋 Provided by Benmore
• Shorts • Swimwear • Sun Cream • Midge spray	• Warm hat • Gloves • Thermals (Optional)	• Wellington boots • Walking boots • Full waterproofs • Wetsuit & safety gear

🦋 **Struggling to gather items?** Contact your school directly for support.

🔍 **Lost Property?** Email details to benmore@experienceoutdoors.gov.uk within 10 days.

2 NIGHT KIT LIST - BENMORE OUTDOOR CENTRE



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