

Benmore Outdoor Education Centre

Standard Menu

(Subject to change)

Monday

B - N/A

L – N/A

D – Fish and chips

Jelly and ice cream

Tuesday

B – Bacon and scrambled egg, toast cereals and fruit

L – Homemade soup, filled rolls

D - Spaghetti bolognaise OR macaroni cheese, salad and garlic bread (will be one or other)

Apple Crumble

Wednesday

B – Sausage, beans, toast, cereals and fruit

L - Homemade soup, filled rolls

D – sweet and sour chicken (sauce on side), rice and sweetcorn

Black Forest Gateaux

Thursday

B – Bacon or egg roll, toast, cereals and fruit

L - Homemade soup, filled rolls

Pizza, wedges and salad

Arctic Roll and peaches

Friday

B – Croissants, cereals, toast and fruit