

50 ways to experience outdoors in Edinburgh before you're 11³/₄

Anywhere

- Use a Kelly Kettle
- Create a sound scape
- Make a quadrat and do a survey
- Capture a spider's web
- Go on a scavenger hunt
- Make a fractions museum

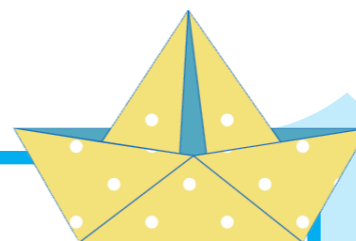


The top ten sites

- 1 Climb Arthurs Seat and step back in geological time in Holyrood Park
- 2 Storm the gates of Edinburgh Castle and discover the history inside
- 3 Visit the Royal Botanic Garden Edinburgh
- 4 Explore the Royal Mile and its myriad closes
- 5 Take a trip to the seaside on Edinburgh's coastline
- 6 Explore the Water of Leith walkway and call in at the visitor centre
- 7 Discover the countryside in the city at Gorgie City Farm
- 8 Enjoy the view from another of Edinburgh's seven hills
- 9 Take life at a slow pace on the Union Canal towpath
- 10 Visit another of Edinburgh's castles

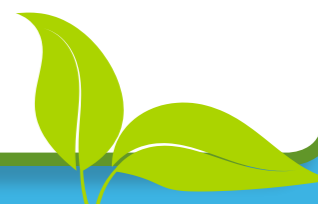
Water

- Build a dam in a stream
- Make a trail with sticks
- Make a mud pie and hold a mud banquet
- Play pooh sticks
- Build and float a boat



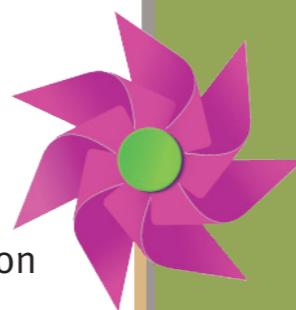
Trees

- Find, collect and play with conkers
- Build a den for you and your toys
- Press leaves and flowers
- Collect as many colours and shapes of leaves
- Climb a tree
- Hug a tree
- Create a rainbow or paint palette with leaves and petals
- Journey sticks
- Make clay faces in trees
- Kick fallen leaves



Concrete

- Make a sundial
- Measure evaporation of puddles
- Encourage wildlife
- Experiment with the wind
- Lie down and look at the sky to spot shapes
- Jump in puddles
- Draw with chalk
- Construct a weather station
- Make a windmill
- Plant a seed and watch it grow



Grass

- Make a daisy chain
- Play in cut grass
- Make a grass trumpet
- Roll down a hill
- Dance for worms
- Go on a bare foot walk



Bugs and beasties

- Make a home for a wild animal
- Set bug traps
- Set up a snail race



Did you know...

You can experience outdoors in one of our three outdoor centres which are in Cairngorm National Park, Loch Lomond and Trossachs National Park, and the outskirts for Edinburgh. We offer specialised adventurous activities, technical advice and training, schools/community group activities, and holiday accommodation for families, groups or organisations. www.experienceoutdoors.org.uk

